

ImpIntervention Name: Improving Speech Fluency/Decreasing Stuttering Episodes

Suggested Uses:

- To decrease stuttering episodes

Materials Needed:

- Data sheet (attached)
- “Stop, Think/Organize, Speak” pictures (attached)
- AR book in the student’s range
- Comprehension questions pertaining to the section of the AR book read

Suggested Data Recording Method:

- Use the data sheet that is attached to record statements made without stuttering versus statements made with stuttering.
- For example, if the student responds, “The The The characters of the st st story are Sally and Mark Mark,” you would place a tally in the incorrect column on the data sheet. If the student responds, “The characters of the story are Sally and Mark,” you would place a tally in the correct column. Please make a tally per sentence stated by the student.

Steps:

- Have the student read a section of the book aloud to his/her teacher. If the student is a non-reader, the teacher should read a section of an age-appropriate book to the student.
- Provide a slower rate of speech, pause frequently, slow down the overall pace of your speech when preparing the student for this exercise.
- Tell the student that you will be asking him/her some questions about the story. When the question is asked, you would like for the student to stop, think/organize the answer, and then speak the answer aloud. Give the student the visual pictures attached to remind him/her during the process. Tell the student that you will be listening for slow and smooth speech; not bumpy speech.
- Proceed and ask the comprehension questions. Point to the visual pictures as a cue.
- Allow a longer amount of time for the student to respond verbally to the questions.
- Be aware of your non-verbal body language, maintain eye contact and be patient while the student tries to communicate a message to you. Try not to interrupt the student while he/she is answering the question.

Reference:

Guiter, B. (1998). *Stuttering: An Integrated Approach to Its Nature and Treatment*. Baltimore, MD: Williams & Wilkins.